DALLAS TWST MEETING SUMMARY – MAY 2021

The Dallas TWST group met on May 26, 2021 for a “movie night” via Zoom. There were 5 teens in attendance as well as 3 parents, 2 slp’s, and 1 graduate student slp. The meeting began with introductions and an icebreaker which was a Jeopardy game revolving primarily around movies.

After introductions and the icebreaker, we showed the group a short video clip. <https://www.youtube.com/watch?v=a8QO2PFioLE> Following the clip and discussion, everyone was asked to write in response to this prompt “If you were given the challenge to create a film clip of the thoughts, emotions, and behaviors that occur for you during a stuttering moment, what would you include?” (Attendees who didn’t stutter were asked to think of a difficult or challenging moment or experience to write about.) Everyone was encouraged to write down these 3 headings on their papers (Behaviors, Thoughts, Feelings/emotions) and to jot down some ideas under those headings. Then people who wanted to shared what they had come up with.

The second video clip was longer <https://www.youtube.com/watch?v=p-tenW8qUK8>

and included children and teens from New Zealand who stutter answering a variety of questions about their experiences, feelings, and thoughts about stuttering. After the video, the group things from the video that they agreed or disagreed with. Then the parents and teens were sent into separate break-out rooms with this prompt: “If you were asked to create a film about stuttering – to help others learn about stuttering – what topics/bits of information would you include in the film?” Following some technical difficulties and brainstorming time, the group came back together and shared their ideas of what would be important to include in an educational film about stuttering.

Then the group was reminded that next month, we will be having a panel of college students and older adults who stutter and encouraged to put it on their calendars.

Submitted by Tricia Krauss-Lehrman